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# INNER ARCHITECTURE KEYNOTES

DECLUTTERING FOR MEANINGFUL ACTION AND DEEP CONNECTION

## INNER ARCHITECTURE

Humans are hardwired for connection and growth, but internal clutter has derailed our capacity clear vision and meaningful movement. We are weighed down by so many concepts, limiting beliefs and old habits that we've lost our ease and agility to move freely.

Freedom lies in our ability to create mental space, and this is a teachable and observable skill. When we learn to declutter, we're able to take conscious, more deliberate action that dramatically increased the curiosity and innovation potential of individuals, teams and corporations alike.

Inner Architecture is the art of creating space for life in all its wondrous dimensions.

## REBECCA ROBERTS

Rebecca is a creative force for change. A natural storyteller, coach and interior architect who has worked with individuals and companies across the globe in a variety of sectors facilitating team transformation and cultural change.

Her insights from the design world have shaped her ability to create vivid mental images through storytelling that support easy comprehension and quick integration for the audience.

Whether virtually or in front of a full house, her keynotes plant the seeds for engagement and meaningful impact. With her lightness, clarity and contagious curiosity, Rebecca has the gift of lighting up a space pouring her energy and gifts unhindered out into the world.

## SPEAKING TOPICS

- Inner Architecture  
De-cluttering for deep connection, meaningful movement and creative expression
- Building Powerful Connection through Storytelling  
Transforming 2D facts and data into 3D emotional engagement and impact
- Mastering a Mindset for Resilience + Innovation  
Constructing a hardwired attitude for playful exploration and positive action